

2009 Lynx Loppet Pursuit

Dec. 11 & 12, 2009

Kincaid Park

This year there will be 21 teams attending the Lynx Loppet. An estimated 750 athletes will be racing at Kincaid Stadium. The following are details and reminders for the upcoming event.

Seeding/Entry Lists: All seeding lists are due to me via email no later than **Tuesday Dec. 8, 2009 5:00p**. Because this is a large event, please use the template provided to submit entries making our data "fudging" minimal. normandin_nate@asdk12.org Note: the V1 position is the first athlete off the line and the V7 is the last person out. Only 7 athletes are on varsity and unlimited for JV.

Waxing: The Kincaid bunker is available for waxing. There are many teams, so please use the tape guides that will be on the floor and limit your team to those areas. Each team is responsible for cleaning their area. It is suggested you bring extra trash bags. You may leave your wax equipment in the bunker overnight as the bunker will be locked, however there are outside groups with access to the bunker. If you have anything in particular that you are worried about, I would take it with you.

Chalet: We were able to get the chalet for much of the event, but there are areas we will need to avoid. Also, if the event runs late, we may need to clear out part of the chalet for the other group. Lynx Loppet volunteers will be in charge of prodding athletes out of the off limits areas. We have the whole chalet from:

Dec. 11th (Friday) 10:30a – 2:30p (clear out of the windowed room from 2:30p on)

Dec. 12th (Saturday) 9:00a - 1:30p (clear out of windowed & back room from 1:30 on)

I know this is not ideal but these events were reserved prior to our reservation of the facility. Also, please have your team clean up after themselves. Thank you!

Friday Dec. 11, 2009 Classic Interval starts

- 10:00a** Bunker open for waxing
- 12:00p** Coach's Meeting/Bib pick-up
- 1:30p** Races start - 4 athletes every 20 sec.
Order:
 - Varsity Girls (7 entries per team)
 - Varsity Boys (7 entries per team)
 - JV Girls (unlimited entries)
 - JV Boys (unlimited entries)
- 6:30p-** Spaghetti feed - \$7 per athlete
- 8:30p** Dimond High School Cafeteria

Saturday Dec. 12, 2009 Freestyle Pursuit

- 8:00a** Bunker open for waxing
- 9:00a** Coach's Meeting
- 10:30a** JV Girls 5 km (top 100 from day 1)
- 11:15a** JV Boys 5 km (top 100 from day 1)
- 12:00p** V Girls 5 km
- 12:45p** V Boys 5 km
- ~1:30p** Open Races 5 km (time yourself)
- ~2:30p** Awards in Bunker following last race
(please clean up your wax area so we have places to stand/sit)

Weather: I know many of you are trying to think ahead and may be worried about weather. We will do our best to make sure the event can be hosted as stated but in the event of location changes, I will notify you by email as soon as I find out any information. If the event is to be canceled outright, I will notify you by Wednesday Dec. 9, 2009 5:00p.